

North Carolina Mental Health & Substance Use Services Workforce Data 2024 Snapshot:

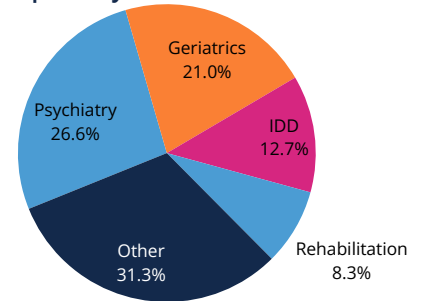
LICENSED RECREATIONAL THERAPISTS AND ASSISTANTS

853

Total (LRTs and LRTAs)
Licensed Recreational
Therapists and
Licensed Recreational
Therapist Assistants

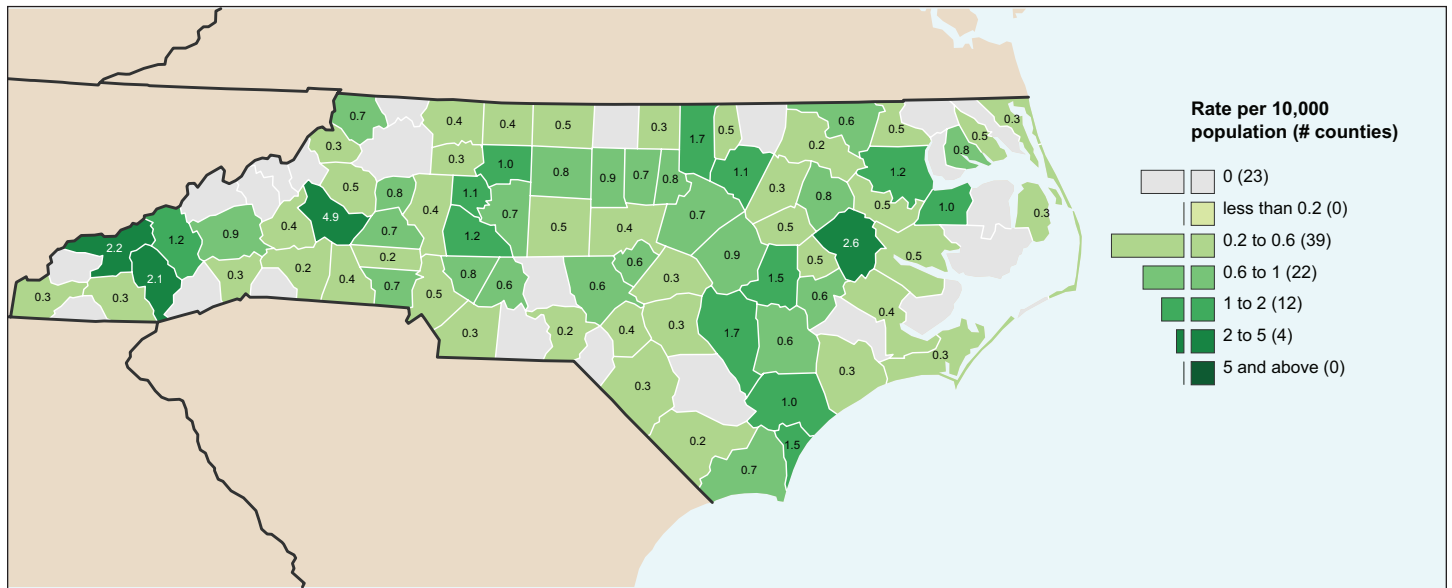
- The rate for LRT/As active and in-state in 2024 was **0.78 per 10,000 population**.
- The rate per 10k was higher in metro counties (0.76 vs 0.48).
- Of the 853:
LRTs: **827**
LRTAs: **26**
- **Demographics:** 88.4% female, 18.9% underrepresented minorities.

Specialty



Note: Other=Pediatrics, Burns, Medical/Surgical, and Other.
IDD= Developmentally Disabled.

Licensed Recreational Therapists per 10,000 Population by County, North Carolina, 2024



Source: NCBRTL Licensure Data.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities and
Substance Use Services

**SHEPS HEALTH
WORKFORCE NC**

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For more information, please find the full report at: <https://nchealthworkforce.unc.edu/projects/mhsu-workforce/>

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