



North Carolina Mental Health & Substance Use Services Workforce Data 2024 Snapshot:

PSYCHIATRISTS, CHILD AND ADOLESCENT PSYCHIATRISTS, ADDICTION MEDICINE PHYSICIANS AND ADDICTION PSYCHIATRISTS

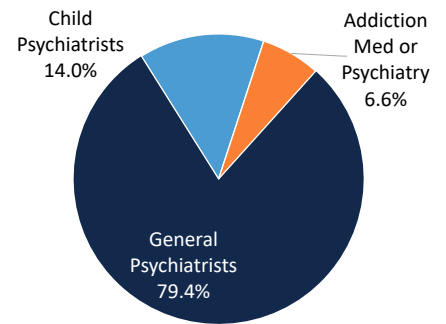
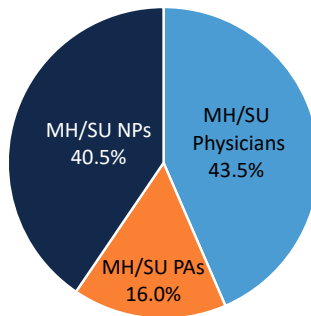
1,568
MH/SU Physicians
All Specialties

1,245
General
Psychiatrists

219
Child and
Adolescent
Psychiatrists

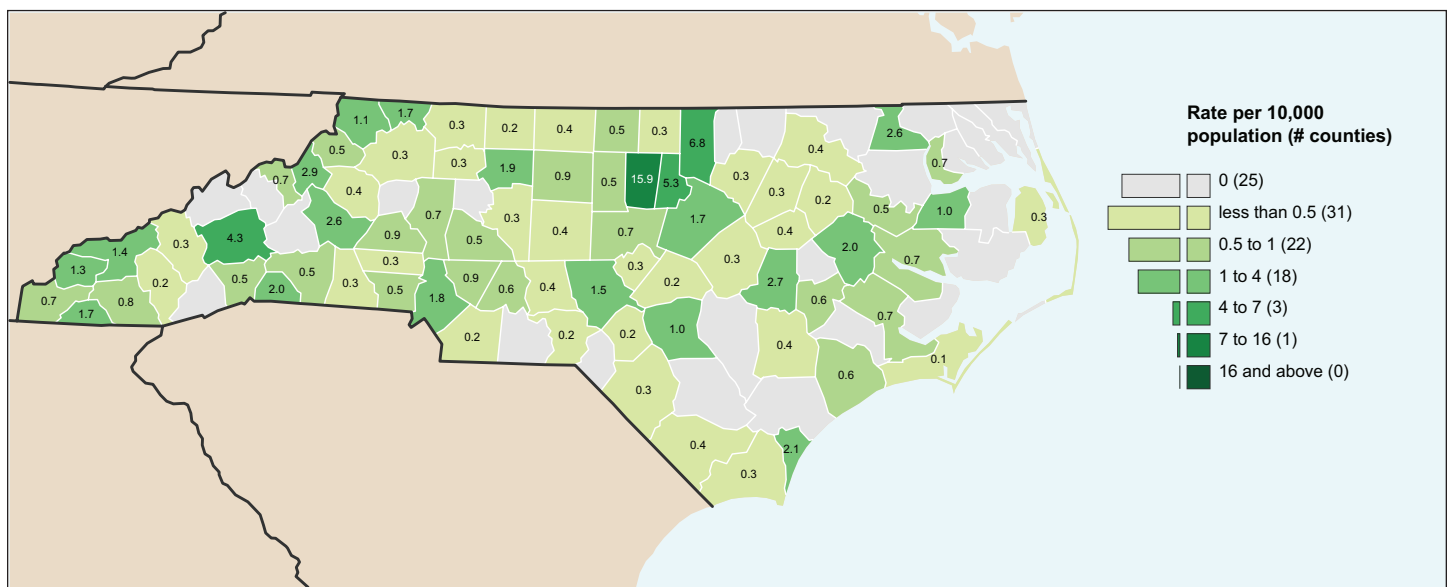
104
Addiction Medicine
or Addiction
Psychiatry

- The average rate for MH/SU Physicians in-state was **1.43 per 10,000** population.
- MH/SU Physicians are **increasing**, up from 1.26 per 10,000 population in 2014.
- MH/SU Physicians comprised **43.5% of all active MH/SU Prescribers** in North Carolina.

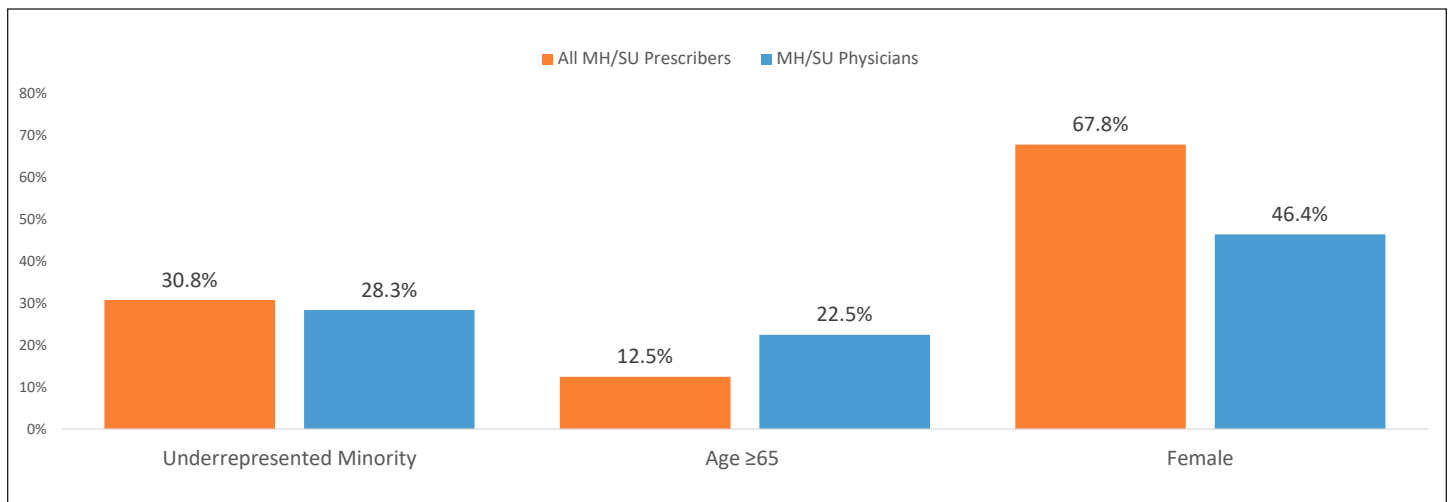


MH/SU = Mental Health and Substance Use Services

MH/SU Physicians per 10,000 Population by County, North Carolina, 2024



Demographics of MH/SU Prescribers vs MH/SU Physicians, 2024

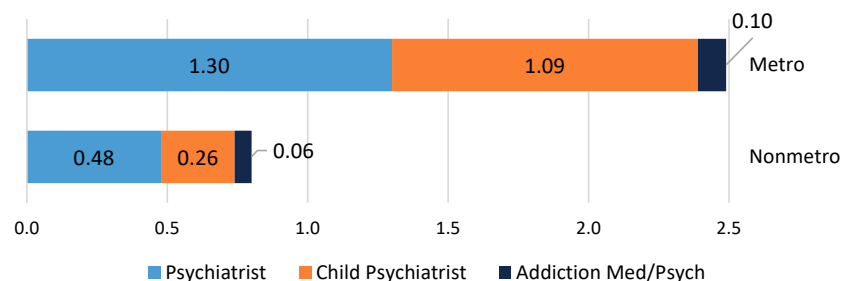


Demographics, 2024

MH/SU Physicians:

- **46.4%** female
- **22.5%** ≥ 65 years
- **28.3%** underrepresented minority

MH/SU Physicians Rate per 10k in Metro and Nonmetro Counties by Specialty Type, 2024



KEY TAKEAWAYS

- The state average was **1.43 MH/SU physicians per 10,000 population** with wide variability across counties.
- A **quarter of counties had no MH/SU physicians** and 72 counties had a rate per 10,000 population less than half the state average.
- MH/SU physicians were concentrated. Four counties reported rates ranging from three to up to eleven times the state average (Buncombe: 4.3, Durham: 5.3, Granville: 6.6, and Orange: 15.9).
- **Metro counties had over double the rate of MH/SU physicians** vs nonmetro counties: 1.64 vs 0.59 per 10k.



NC DEPARTMENT OF
HEALTH AND HUMAN SERVICES
Division of Mental Health,
Developmental Disabilities and
Substance Use Services

**SHEPS HEALTH
WORKFORCE NC**

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For more information, please find the full report at: <https://nhealthworkforce.unc.edu/projects/mhsu-workforce/>

